

Lunch Buffet Menu

MEMBER PRICE - \$20, NON-MEMBER - \$27

MONDAY

Ras al Hanout Chicken (TB)

Kan Kan Steak (TN)

Ras al Hanout Tofu (SY)

Basmati Rice (VG,TB,SU)

Roasted Cauliflower (VG, TB)

Coconut Lentil Soup (VG)

Potato Kale Curry Soup (VG, SY, TB)

TUESDAY

Chicken Katsu w Sauce (FI, WH, SY, CG)
Sesame Beef and Broccoli (SY)
Eggplant Katsu (TB, EG, WH, CG, VT)
Steamed Rice (VG, TB)
Stir Fry Veg (TB, VG)
Kale & Sweet Potato Soup (VG, SU)
Chicken Congee Station (SY, SU)

WEDNESDAY

Meat Lasagna (MI, EG, WH, SY, CG)
Chicken Parmesan (MI, WH, CG)
Cheese Lasagna (MI, EG, WH, CG, VT)
Cheesy Garlic Bread (VT, MI, WH, CG, SU)
Sauteed Seasonal Vegetable (VG, TB)
Roasted Tomato Soup (SY, VG)
Turkey Sausage and Kale Soup

THURSDAY

Maple Roasted Turkey
Green Chili Meat Loaf (MI, EG, FI, WH, SY,CG)
Seasonal Carved Vegetables
Mashed Potatoes (MI, VT)
Roasted Broccoli (VG)
Cream of Asparagus Soup (MI, WH, SY, CG, VT)
Chicken Noodle Soup (EG, WH, CG, SU)

FRIDAY

Carne Asada
Chicken Adobado
Calabacitas (VT, MI)
Spanish Rice (SY, VG)
Charro Beans (SY, VG, SU)
Poblano Corn Chowder (VT, MI, SY)
Chicken Pozole Verde

SALAD BAR AND DESSERTS AVAILABLE EVERYDAY

VT - Vegetarian, VG - Vegan, MI - Contains Milk, EG - Contains Egg, CG - Contains Gluten, WH - Contains Wheat, SY - Contains Soy, FI - Contains Fish, SF - Contains Shellfish, TB - Heart Healthy SU - Sustainable, TN - Contains Tree Nuts, PN - Contains Peanuts, SE - Contains Sesame