

# Lunch Buffet Menu

MEMBER PRICE - \$20, NON-MEMBER - \$27

#### **MONDAY**

Harissa Chicken (TB)
Jollof Rice (SY,SE,VG)
Harissa Roasted Cauliflower (VG, TB)
East Africa Cabbage Slaw (SY VG)
Coconut Lentil Soup (VG)
Zucchini Basil Soup (VT, SY, SU)

### **TUESDAY**

Crispy Orange Chicken (EG, WH, SY,CG)
Manchurian Tofu (SY, SE, VG)
Kimchi Fried Rice (FI, SY, SE)
Grilled Bok Choy (SY, SE, VG)
Chicken Congee (SY, SU)
Egg Drop Soup (EG, SY)

### WEDNESDAY

Green Chili Meat Loaf (MI, EG, FI, WH, SY, CG)
Herb Braised Chicken (WH, CG)
Grilled Eggplant with Chimichurri
Egg Noodle (WH,EG)
Roasted Brussels Sprouts (MI, VT)
Roasted Garlic Tomato Soup (VG, SY)
Turkey Sausage & Kale Soup

## **THURSDAY**

Chef Choice Carving Tri-Tip Seasonal Carved Vegetables Cauliflower Mashed Potatoes (MI, VT) Sauteed Seasonal Vegetable (VG) Bacon & Potato Soup Chicken Noodle Soup (EG, WH, CG)

# **FRIDAY**

Cheese Enchiladas (MI, WH, SY, CG, VT)
Mexican Casserole (MI, WH, SY, CG, VT)
Spanish Rice (VG, SY)
Charro Beans (SY, VG, SU)
Poblano Corn Chowder (MI, SY, VT)
Pork Pozole

#### SALAD BAR, SANDWICH DELI AND DESSERTS AVAILABLE EVERYDAY

VT - Vegetarian, VG - Vegan, MI - Contains Milk, EG - Contains Egg, CG - Contains Gluten, WH - Contains Wheat, SY - Contains Soy, FI - Contains Fish, SF - Contains Shellfish, TB - Heart Healthy SU - Sustainable, TN - Contains Tree Nuts, PN - Contains Peanuts, SE - Contains Sesame