Lunch Buffet

Member Price - $17, Non-Member - $22

Monday
Chicken Picatta (MI, CG)
Crispy Tofu Picatta (VT, MI, SY)
Creamy Polenta (MI)
Seasonal Vegetables (VG)
Hearty Italian Soup (VG)

Tuesday
Beef Birria (WH, SY, CG)
Calabacitas and Mushrooms (VT, MI)
Spanish Brown Rice (VG)
Charro Beans (VG)
Mexican Tortilla Soup (SY)

Wednesday
Grilled Piri Piri Chicken (SE)
Seared Piri Piri Tofu (VG, SY)
Roasted Broccoli (VG)
Fried Rice (VT, EG, SY, SE)
Tomato Pepper Bisque (VT, MI, WH, SY, CG)
Ice Cream Day!

Thursday
Hibachi Chicken (FI, TN, SY, TB)
Yellow Curry with Tofu and Vegetables (FI, SY)
Steamed White Rice (VG, TB)
Stir Fry Vegetables (VG, SY)
Egg Drop Soup (VT, EG, SY)

Friday
Beef Harvest Stew (SY, TB)
Sweet Potato Lasagna (VT, MI, EG, WH, SY, CG)
Roasted Quinoa Pilaf (VG, TN)
Steamed Broccoli (VG)
Seafood Chowder (MI, FI, SF, WH, CG)

Salad Bar & Desserts Available Daily

VT - Vegetarian, VG - Vegan, MI - Contains Milk, EG - Contains Egg, CG - Contains Gluten,
WH - Contains Wheat, SY - Contains Soy, FI - Contains Fish, SF - Contains Shellfish, TB - Heart Healthy
SU - Sustainable, TN - Contains Tree Nuts, PN - Contains Peanuts, SE - Contains Sesame