



# Lunch Buffet

Member Price - \$17, Non-Member - \$22

## Monday

Chicken Katsu (EG, WH, CG, TB)  
Indonesian Noodles (VG, WH, SY, CG, SE, SU)  
Steamed White Rice (VG, TB)  
Pickled Slaw (VT)  
Chicken Congee (SY, SU)

## Tuesday

Pesto Gnocchi (VT, MI, WH, CG)  
Farfelle Chicken Alfredo (MI, WH, CG)  
Sautéed Kale & Tomato (VG, TB)  
Garlic Bread (VT, MI, EG, WH, SY, CG)  
Minestrone Soup (EG, WH, CG)

## Wednesday

BBQ Pulled Pork Sliders (MI, EG, WH, SY, CG)  
BBQ Tofu Sliders (VT, MI, EG, WH, SY, CG)  
Collard Greens (VT, SY)  
Cheddar Biscuit (VT, MI, WH, CG)  
Kale & Sweet Potato Soup (VT, SU)  
Ice Cream Day!

## Thursday

Taco Bar (Mahi Mahi - FI, Avocado Crema - MI)  
Spanish Brown Rice (VG)  
Charro Beans (VG)  
Poblano Corn Chowder (VT, MI, SY)

## Friday

Salmon with Moroccan Vin (FI)  
Roasted Moroccan Chickpea (VG)  
Lemon Spinach Cous Cous (VG, WH, CG, TB)  
Harrisa Carrots and Turnips (VG, SU)  
Seafood Chowder (MI, FI, SF, WH, CG, SU)

Salad Bar & Desserts Available Daily

VT - Vegetarian, VG - Vegan, MI - Contains Milk, EG - Contains Egg, CG - Contains Gluten  
WH - Contains Wheat, SY - Contains Soy, FI - Contains Fish, SF - Contains Shellfish,  
SU - Sustainable, TN - Contains Tree Nuts, PN - Contains Peanuts, SE - Contains Sesame