Lunch Buffet

Member Price - $17, Non-Member - $22

**Monday**
- Chicken Rigatoni (MI, WH, CG)
- Baked Mac and Cheese (VT, MI, EG, WH, SY, CG)
- Garlic Bread (VT, MI, EG, WH, SY, CG)
- Seasonal Vegetables (VG)
- Broccoli Cheddar Soup (MI, WH, CG)

**Tuesday**
- Chicken Tikka Masala (MI)
- Chana Masala (VG)
- Seasonal Vegetables (VG)
- Basmati Rice (VG, TB, SU)
- Cauliflower Curry (VG, SY)

**Wednesday**
- Gyro (WH, SY, CG)
- Falafel (VG, SY)
- Cucumber Tomato Salad (VT, MI, TB)
- Lemon Rice (VG, TB, SU)
- Mediterranean Soup (VG, WH, SY, CG, SU)
- Ice Cream Day!

**Thursday**
- Green Chile Cheddar Meatloaf (MI, EG, WH, SY, CG)
- Garlic Green Beans (VG, TB)
- Classic Mashed Potato (VT, MI)
- Corn Succotash (VT, MI)
- Three Bean Chili (VT, TB, SU)

**Friday**
- Lemon Herb Turkey
- Spaghetti Lentil Bolognese (VG, TN, WH, CG)
- Roasted Red Herbed Potatoes (VG, TB)
- Seasonal Vegetables (VG)
- Seafood Chowder (MI, FI, SF, WH, CG, SU)

**Salad Bar & Desserts Available Daily**

VT - Vegetarian, VG - Vegan, MI - Contains Milk, EG - Contains Egg, CG - Contains Gluten, WH - Contains Wheat, SY - Contains Soy, FI - Contains Fish, SF - Contains Shellfish, TB - Heart Healthy, SU - Sustainable, TN - Contains Tree Nuts, PN - Contains Peanuts, SE - Contains Sesame