

Lunch Buffet Menu

MEMBER PRICE - \$20, NON-MEMBER - \$24

MONDAY

Jerk Chicken w/ Jerk BBQ (FI,SY)
Sofrito Porkbelly
Jamaican Jerk Cauliflower (VG)
Moros (VG)
Roasted Vegetables (VG)
Red Pepper Gouda Soup (MI,SY,WH,CG,VT)

TUESDAY

Chicken Shawarma Gyro Meat (WH,CG) Crispy Curry Tofu (VG, SY) Pita Lemon Herbed Potatoes (VG) Kale and White Bean Soup (MI,VT)

WEDNESDAY

Thai Shrimp (FI, SF, SY)
Thai Basil Pork Belly (FI,SF,SY,SE)
Sweet Chile Tofu (SY,SE,VG)
Garlic Rice w/Fried Garlic (MI,VT)
Soy-Ginger Baby Bok Choy (SY,VG)
Sweet Potato Coconut Curry Soup (VG)

THURSDAY

Carved Maple Roasted Turkey
Green Chili Meat Loaf (MI, EG,FI,WH,SY,CG)
Roasted Smoked Tofu (VG,SY)
Mashed Potatoes (MI, VT)
Roasted Broccoli (VG)
Seafood Chowder

FRIDAY

Chicken Katsu w/ Tomato Soy Glaze (FI,WH,SY,CG)
Sesame Beef and Broccoli (SY)
Manchurian Tofu (SY, SE, VG)
Steam White Rice (VG)
Stir Fry Broccoli, Carrot, Onion, Ginger and Garlic w/ Spicy Soy Citrus Glaze (VG)
Miso Soup (FI, SY)

SALAD BAR, SANDWICH DELI AND DESSERTS AVAILABLE EVERYDAY

VT - Vegetarian, VG - Vegan, MI - Contains Milk, EG - Contains Egg, CG - Contains Gluten, WH - Contains Wheat, SY - Contains Soy, FI - Contains Fish, SF - Contains Shellfish, TB - Heart Healthy SU - Sustainable, TN - Contains Tree Nuts, PN - Contains Peanuts, SE - Contains Sesame